



### Watch Your Mouth

**A**n athlete is 60 times more likely to suffer a dental injury when not wearing a mouth guard. The American Association of Endodontists urges children to “watch their mouths” and wear mouth guards for every sport, not just ones involving rough contact. Mouth guard usage prevents an estimated 200,000 injuries a year. To learn about how to preserve a tooth that has been knocked out, find out more about the importance of mouth guards, or to find an endodontist in your area, visit [www.rootcanalspecialists.org](http://www.rootcanalspecialists.org).

