

american association of endodontists

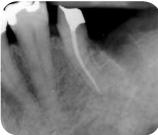
# Treatment Options for the Compromised Tooth: A Decision Guide

www.aae.org/treatmentoptions

Photo by Lindsey Frazier submitted by L. Stephen Buchanan, D.D.S.

Hemisection of the distal root of tooth #19.





PreOp

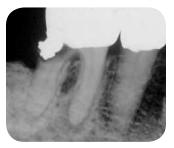
PostOp



13 mo. Recall

# Case Two\*

Hemisection of the distal root of tooth #30.



PreOp



PostOp



Clinical Photograph

\* These images were published in *The Color Atlas of Endodontics*, Dr. William T. Johnson, p. 162, Copyright Elsevier 2002.

	Favorable	Questionable	Unfavorable
Remaining Coronal Tooth Structure	Greater than 1.5 mm ferrule	1.0 to 1.5 mm ferrule	Less than 1 mm ferrule
Crown Lengthening	None needed	If required will not compromise the aesthetics or periodontal condition of adjacent teeth	Treatment required that will affect the aesthetics or further compromise the osseous tissues (support) of the adjacent teeth
Endodontic Treatment	Routine endodontic treatment or not required due to previous treatment	Nonsurgical root canal retreatment required prior to root resection	Canal calcification, complex canal and root morphology, and isolation complicate an ideal endodontic treatment result

Tooth #19 exhibiting probing to the distal apex. Treated in two steps using interim calcium hydroxide.



PreOp

Calcium Hydroxide



PostOp



12 mo. Recall

# **Case Two**

Tooth #21 exhibiting a wide, but deep probing on the mesial aspect. Treated in two steps using interim calcium hydroxide.



PreOp



Calcium Hydroxide



PostOp



12 mo. Recall

# **Case Three**

Tooth #19 with an 8 mm probing into furcation. Interim calcium hydroxide used.



PreOp



PostOp



12 mo. Recall

	Favorable	Questionable	Unfavorable
Periodontal Conditions	Normal periodontium Normal probing depths	Moderate periodontal disease	Advanced periodontal disease
	(3 mm or less) The tooth exhibits pulp necrosis and isolated bone	An isolated periodontal probing defect The tooth exhibits pulp	Generalized periodontal probing defects throughout the patient's mouth
	loss to the involved tooth or root	necrosis and moderate bone loss	The tooth exhibits pulp necrosis and there is generalized bone loss (horizontal and/or vertical)

External resorptive defect on buccal aspect of tooth #29. Mineral trioxide aggregate (MTA) placed in the coronal 6 mm of canal and surgical repair with Geristore.®



PreOp



PostOp

# Case Two

Tooth #8 questionable prognosis; external resorption on the mesial with a periodontal probing defect on the mesiopalatal.





Facial View



Lingual View



27 mo. Recall

#### **Case Three**

Tooth #19 unfavorable prognosis; there is a large cervical resorptive defect on the buccal aspect of the distal root extending into the furcation.



PreOp



Clinical Photograph

	Favorable	Questionable	Unfavorable
External Resorption	Minimal loss of tooth structure Located cervically but above the crestal bone The lesion is accessible for repair Apical root resorption associated with a tooth exhibiting pulp necrosis and apical pathosis	Minimal impact on restorability of tooth Crown lengthening or orthodontic root extrusion may be required The pulp may be vital or necrotic	Structural integrity of the tooth or root is compromised There are deep probing depths associated with the resorptive defect The defect is not accessible for repair surgically

Tooth #28 exhibiting a mid-root internal resorptive defect.





PostOp



14 mo. Recall

# **Case Two**

Tooth #8 exhibiting an apical to mid-root internal resorptive lesion.



PreOp



PostOp

	Favorable	Questionable	Unfavorable
Internal Resorption	Small/medium defect A small lesion in the apical or mid-root area	Larger defect that does not perforate the root	A large defect that perforates the external root surface

## **Crown Fracture**

Tooth #8 exhibiting a complicated coronal fracture, root canal treatment and bonding of the coronal segment.



PreOp



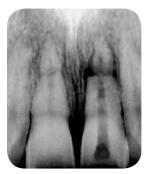
Clinical Photograph



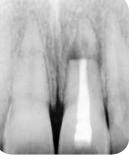
PostOp

## **Horizontal Root Fracture\***

Horizontal root fractures of #8 and #9; the maxillary right central remained vital while the maxillary left central developed pulp necrosis requiring nonsurgical and surgical root canal treatment; prognosis favorable.



PreOp



RCT PostOp



Surgical PostOp

\* These images were published in *The Color Atlas of Endodontics*, Dr. William T. Johnson, p. 176, Copyright Elsevier 2002.

	Favorable	Questionable	Unfavorable
Crown Fractures	Coronal fracture of enamel or dentin not exposing the pulp	Coronal fracture of enamel and dentin exposing the pulp with immature root	Coronal fracture of enamel or enamel and dentin extending onto the root below the crestal
	Coronal fracture of enamel development	bone	
	and dentin exposing the pulp of a tooth with mature root development		Compromised restorability requiring crown lengthening or orthodontic root extrusion
Horizontal Root Fractures	The fracture is located in the apical or middle third of the root	The fracture is located in the coronal portion of the root and the coronal	The fracture is located in the coronal portion of the root and the coronal segment is mobile
	There is no mobility	segment is mobile	There is sulcular communication
	The pulp is vital (note in the	There is no probing defect	and a probing defect
	majority of root fractures the	The pulp is necrotic	
	pulp retains vitality)	A radiolucent area is noted at the fracture site	

Fracture of the mesial marginal ridge of tooth #5, stopping coronal to pulp floor.



PreOp

Mesial Crack









PostOp

## **Case Two**

Tooth #30 exhibiting pulp necrosis and asymptomatic apical periodontitis; a crack was noted on the distal aspect of the pulp chamber under the composite during root canal treatment.



PreOp

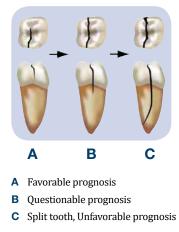


**Distal Crack** 



PostOp

# **Cracked Tooth Progression To** Split Tooth\*



\* Reprinted with permission from Torabinejad and Walton, Endodontics: Principles and Practice 4th ed, Saunders/ Elsevier 2009.

	Favorable	Questionable	Unfavorable
Cracked Tooth	Fracture in enamel only (crack line) or fracture in enamel and dentin The fracture line does not extend apical to the cemento-enamel junction There is no associated periodontal probing defect	Fracture in enamel and dentin The fracture line may extend apical to the cemento-enamel junction but there is no associated periodontal probing defect There is an osseous lesion of endodontic origin	Fracture line extends apical to the cemento- enamel junction extending onto the root with an associated probing defect
	The pulp may be vital requiring only a crown If pulp has irreversible pulpitis or necrosis, root canal treatment is indicated before the crown is placed		

A large periapical lesion resulting in an acute apical abscess from pulp necrosis of tooth #7.



PreOp



Acute Apical Abscess



Swelling Healed



PostOp



24 mo. Recall

## **Case Two**

Non-healing endodontic lesion involving teeth #23, 24 and 25. Biopsy revealed lesion was a periodontal cyst with mucinous metaplasia. Super-EBA retrofillings were placed in each tooth.



PreOp



Cyst



PostOp



28 mo. Recall

Unfavorable

# **Treatment Considerations/Prognosis**

#### **Apical Periodontitis**

The presence of periapical radiolucency is not an absolute indicator of a poor long-term prognosis. The vast majority of teeth with apical periodontitis can be expected to heal after nonsurgical or surgical endodontic treatment. Data indicate the presence of a lesion prior to treatment only decreases the prognosis slightly.

#### **Favorable**

Pulp necrosis with or without a lesion present that responds to nonsurgical treatment

# Pulp necrosis and a periapical lesion is present that does not respond to

Questionable

surgically

Pulp necrosis and a periapical lesion is present that does not respond to nonsurgical root canal nonsurgical root canal treatment but can be treated treatment or subsequent surgical intervention

# Nonsurgical Root Canal Retreatment: Missed Canal

Tooth #19 demonstrating poor obturation and a missed mesial canal.



PreOp



PostOp



6 mo. Recall



12 mo. Recall

# Surgical Root Canal Treatment: Altered Anatomy

Surgical treatment of tooth #19 to correct apical transportation in the mesial root.



PreOp



PostOp



16 mo. Recall

	Favorable	Questionable	Unfavorable
Nonsurgical Root Canal Retreatment: Missed Canal	The etiology for failure of the initial treatment can be identified	The etiology for failure of the initial treatment cannot be identified	The etiology for failure of the initial treatment cannot be identified and
	Nonsurgical endodontic retreatment will correct the deficiency	Nonsurgical endodontic retreatment may not correct the deficiency	corrected with nonsurgical retreatment and surgical treatment is not an option
Surgical Root Canal Treatment: Altered Anatomy (e.g., loss of length, ledges, apical transportation)	The procedural complication can be corrected with nonsurgical treatment, retreatment or apical surgery	Canals debrided and obturated to the procedural complication, there is no apical pathosis and the patient is followed on recall examination	The patient is symptomatic or a lesion persists and the procedural complication cannot be corrected and the tooth is not amenable to surgery (apicoectomy/ intentional replantation)

# Separated Instruments: Case One

Hemisection of the distal root of tooth #19.



PreOp



PostOp



24 mo. Recall

# Separated Instruments: Case Two

Separated NiTi rotary instrument in palatal canal of tooth #4. Removed file with ultrasonics and copious irrigation; obturated with gutta-percha and AH Plus<sup>®</sup> sealer.



PreOp



12 mo. Recall



Separated Instrument



24 mo. Recall



PostOp

	Favorable	Questionable	Unfavorable
Separated Instruments	No periapical periodontitis In general, cases that have a separated instrument in the apical one-third of the root have favorable outcomes Able to retrieve non- surgically or surgically if periapical pathosis is present Defect correctable with apical surgery	Instruments fractured in the coronal or mid-root portion of the canal and cannot be retrieved Patient asymptomatic No periapical periodontitis	The patient is symptomatic or a lesion persists requiring extensive procedures in order to retrieve instrument that would ultimately compromise long-term survival of the tooth and surgical treatment is not an option (apicoectomy/ intentional replantation)

#### **Perforations: Case One**

Tooth #3 exhibiting a coronal perforation. Repaired with MTA in conjunction with nonsurgical root canal treatment.



PreOp



PostOp



36 mo. Recall

## **Perforations: Case Two**

Tooth #30 with previous retreatment attempt resulting in furcal perforation. Retreatment performed using interim calcium hydroxide and furcal perforation repaired with MTA.



PreOp



PostOp



12 mo. Recall

	Favorable	Questionable	Unfavorable
Perforations: Location	Apical with no sulcular communication or osseous defect	Mid-root or furcal with no sulcular communication or osseous defect	Apical, crestal or furcal with sulcular communication and a probing defect with osseous destruction
Perforations: Time of Repair	Immediate repair	Delayed repair	No repair or gross extrusion of the repair materials
Perforations: Size	Small (relative to tooth and location)	Medium	Large

#### **Post Perforations: Case One**

Tooth #27 with sinus tract that traced to apical extent of post (no abnormal probings). Orthograde repair performed with MTA.



PreOp



Sinus Tract Tracing



PostOp



12 mo. Recall

# Post Perforations: Case Two

Tooth #30 post perforation with screw post previously treated with paste obturation. Perforation repaired with MTA and tooth retreated.



PreOp



PostOp



12 mo. Recall

	Favorable	Questionable	Unfavorable
Post Perforation	No sulcular communication or osseous destruction	No sulcular communication but osseous destruction is evident	Long standing with sulcular communication, a probing defect and osseous destruction
		The perforation can be repaired surgically	
Strip Perforation	Small with no sulcular communication	No sulcular communication and osseous destruction that can be managed with internal repair or surgical intervention	Sulcular communication and osseous destruction that cannot be managed with internal repair or surgical intervention

#### Post Removal: Case One

Tooth #8 requiring removal of a prefabricated post.



PreOp



Clinical View



Clinical View



PostOp

# Post Removal: Case Two

Tooth #30 demonstrating incomplete paste obturation with threaded post and bonded resin core.



PreOp



PostOp



12 mo. Recall

# **Treatment Considerations/Prognosis**

#### **Posts**

With the use of modern endodontic techniques, most posts can be retrieved with minimal damage to the tooth and root. Ceramic posts, fiber posts, threaded posts, cast posts and cores, and prefabricated posts placed with resins are most challenging to remove. In some instances the post may not have to be removed and the problem can be resolved by performing root-end surgery (apicoectomy).

Favorable	Questionable	Unfavorable
Prefabricated cylindrical stainless steel posts placed with traditional luting cements such as zinc phosphate	Cast post and cores placed with traditional luting cements such as zinc phosphate	Prefabricated posts (stainless steel or titanium), cast post and cores placed with bonded resins; threaded, fiber and ceramic posts that cannot be removed or removal compromises the remaining tooth structure Teeth that cannot be retreated or treated surgically

#### Silver Point Retreatment: Case One

Tooth #9 treated 25 years ago requiring retreatment.



PreOp



Working Length



PostOp

#### Silver Point Retreatment: Case Two

Tooth #18 previously treated with silver points, filled short. Calcium hydroxide placed for two weeks.



PreOp



PostOp



24 mo. Recall

Silver Points	Favorable	Questionable	Unfavorable
Silver points were a popular core obturation material in the 1960s and early 1970s. While their stiffness made placement and length control an advantage, the material did not fill the canal in three dimensions resulting in leakage and subsequent corrosion.	Silver cones that extend into the chamber facilitating retrieval and have been cemented with a zinc-oxide eugenol sealer	Silver cones that are resected at the level of the canal orifice or have been cemented with zinc phosphate or polycarboxylate cement Silver cones that can be	Sectional silver cones placed apically in the root to permit placement of a post that cannot be retrieved or bypassed and the tooth is not a candidate for surgical intervention
		bypassed or teeth that can be treated surgically	

#### **Carrier-Based Systems**

Tooth #3 demonstrating overextended carrier-based obturation.



PreOp



PostOp



12 mo. Recall

### **Paste Retreatment**

Tooth #30 demonstrating resorcinol-formaldehyde resin-based obturation. Retreatment carried out using interim calcium hydroxide.



PreOp



PostOp



**Resorcinol Paste** 



12 mo. Recall

# **Treatment Considerations/Prognosis**

#### **Carrier-Based Systems**

Carrier-based thermoplastic (e.g., Thermafil<sup>®</sup>) systems are similar to silver cones. Historically, the core material was metal, later replaced with plastic. Current technology includes cross-linked guttapercha. They can generally be removed as the gutta-percha can be softened with heat and solvents facilitating removal.

#### Pastes

With the use of modern endodontic techniques most filling materials can be retrieved with minimal damage to the tooth and root.

Favorable	Questionable	Unfavorable
Soft or soluble pastes, pastes in the chamber or coronal one-third of the root that are removed easily	Hard insoluble pastes in the chamber extending into the middle-third of the root	Hard insoluble pastes placed into the apical one-third of the root that cannot be retrieved and the tooth is not amenable to surgical intervention (apicoectomy/ intentional replantation)
Plastic carrier-based thermoplastic obturators		



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**Guide** features different cases where the tooth has been compromised in both nonendodontically treated teeth and previously endodontically treated teeth.

Based on the unique individualized features of each case and patient, there are key considerations in establishing a preoperative prognosis of Favorable, Questionable or Unfavorable. The photographs and radiographs in this guide illustrate favorable outcomes for our patients.

If your patient's condition falls into a category other than Favorable, referral to an endodontist, who has expertise on alternate treatment options that might preserve the natural dentition, is recommended. If the prognosis of the tooth is categorized as Questionable/ Unfavorable in multiple areas of evaluation, extraction should be considered after appropriate consultation with a specialist.

In making treatment planning decisions, the clinician also should consider additional factors including local and systemic case-specific issues, economics, the patient's desires and needs, aesthetics, potential adverse outcomes, ethical factors, history of bisphosphonate use and/or radiation therapy.

Although the treatment planning process is complex and new information is still emerging, it is clear that appropriate treatment must be based on the patient's best interests.