



foundation  
for endodontics

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# INTERNATIONAL OUTREACH PROGRAM

## Volunteer Guidebook

# **FOUNDATION FOR ENDODONTICS**

## **International Outreach Program**

### **Volunteer Guidebook**

Welcome to the family of volunteers for the Foundation for Endodontics & Henry Schein Cares International outreach program! Thank you for your interest in participation and generous donation of time and talents to help us provide the highest level of dental care possible to the community of Treasure Beach, Jamaica. This guidebook provides important information about our international access to care initiative and the volunteer roles available through our outreach program. Since 2016, the Foundation and its volunteers have worked in partnership with Christian Dental Society at Helping Hands Clinic through the support of Henry Schein Cares Foundation. Our team of volunteers were the first to provide endodontic care at the established clinic where previously, only general dental care was available and many teeth were extracted.

Please use this resource as your guide through the registration process, preparations for your trip, and what to expect on the trip itself. This is also a great resource to share with your colleagues and mentors who may be interested in the Foundation's international outreach program.

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## OUR MISSION, VISSION & VALUES

*The mission of the Foundation for Endodontics is to support endodontics by providing resources and funding for research, education, public awareness and access to care.*

Founded in 1966 as the philanthropic arm of the American Association of Endodontics, the Foundation for Endodontics (a 501(c)3 charity) encourages and raises capital investment necessary to sustain and further develop the specialty. Today the Foundation for Endodontics makes a lasting impact on the specialty by providing resources to address needs, meet challenges and realize dreams for the future. Over the years, both our mission and activities have evolved into four areas: research, education, outreach and development.

By focusing on these four concentrations, we assist members of AAE in the pursuit of excellence in their field and further our vision to *support saving natural teeth for all through the efforts of endodontic specialists*. Throughout our fundraising activities, initiatives and strategic planning, we uphold our core values: *integrity, accountability, responsiveness, innovative, collaborative and impactful*.

### FOUNDATION FOR ENDODONTICS & HENRY SCHEIN CARES FOUNDATION OUTREACH PROGRAM HISTORY

Outreach is one of the Foundation's newest focus areas and was recently added to our expanded mission in 2016. The access to care initiative is fulfilled through our International and domestic outreach programs. The international outreach program was developed and implemented through discussion with and feedback from the Foundation's [Resident Expert Advisory Council \(REACH\)](#). The first international outreach pilot program was launched in mid-2016 in Partnership with Christian Dental Society (CDS) at Helping Hands Clinic in Treasure Beach, Jamaica. After much success with the pilot trip, the Foundation board voted to introduce international outreach as a permanent program.

In early 2018 the Foundation's first domestic outreach pilot project Launched in Philadelphia, PA in partnership with Project HOME and Einstein Medical Center's Endodontic Program. Another domestic pilot program is set to launch in the near future and the Foundation's Board of trustees is working to develop a permanent program similar to the one established internationally.

#### Outreach activities/goals include:

- treating patients in underserved communities
- providing the highest level of care to all patients
- demonstrating the value of endodontics in dentistry and advocating for the specialty
- providing mentorship and hands-on opportunities for dental students to work alongside specialists
- engaging a younger demographic of members of the American Association of Endodontists

Thanks to corporate and individual donors, and with major support from Henry Schein Cares Foundation, the international outreach program has seen monumental growth over the short period of time since its launch. Our volunteers are making an impact on an international level and residents are taking the opportunity to give desperately needed care to underprivileged patients, saving teeth and improving the quality of life for many.

### **HELPING HANDS CLINIC INFORMATION**

The Helping Hands Clinic was founded by Dr. Jim Carney, a member of the Christian Dental Society (CDS). Dr. Carney and the CDS work together to provide dental care in Treasure Beach. CDS recruits and manages the volunteers who travel to the clinic. On each trip, teams of dental students, practitioners and hygienists from around the country provide care. The Foundation's Outreach Program is managed by Foundation staff with guidance from CDS. The Foundation sends endodontic volunteers to Treasure Beach four times per year. Foundation participants work alongside CDS's participants and represent both the Foundation and CDS. Without the partnership of CDS and the Helping Hands Clinic, our program would not be possible. To read more about the Christian Dental Society, [click here](#). To visit Dr. Carney's website and read more about the clinic he started, [click here](#).

## CHAPTER 1

### TRIP PREPARATIONS

#### Registration

The Foundation selects which volunteers to send on outreach trips, however all volunteers must meet certain requirements set by the Jamaican government to participate. CDS staff handles the registration process and provides qualifying information to the Jamaican government. As such, the Jamaican government gives the final approval for participant eligibility. Foundation staff are available to assist volunteers through the registration process, but responsibility for meeting Jamaican travel requirements is ultimately up to outreach participants.

Foundation staff will send volunteer candidates the link to CDS's registration site. Before you begin the registration process, please spend some time collecting the following items to have ready;

- Emergency Contact information
- One or two paragraphs on why you are interested in the outreach experience, what you would contribute and what you hope to gain from it
- Passport
- Name, Address, and Telephone of your current employer, if applicable
- Notarized copies of your diploma/Degree Certificate (Doctor of Dental Surgery)
- Copy of your Current License
- Three letters of recommendation, with contact info of the people who wrote them<sup>3</sup>
- 2 passport sized photographs (2" x 2")

The Christian Dental Society will use the above materials and the information submitted on your registration form to process your authorization to do dentistry work in Jamaica. CDS will need to submit this information to the Jamaican government to process the travel and licensure. **Without timely registration, you will not be able to travel to Jamaica.** It is recommended that the above materials are submitted to the Jamaican government 90 days prior to travel.

We understand that getting your documents notarized will take some time, travel, and money. We appreciate our volunteers' willingness to arrange all the documents necessary for registration. The Foundation for Endodontics is happy to reimburse incidental registration costs. Receipts for all expenses must be submitted to Foundation staff for review to receive reimbursement.

While the Foundation ensures that all necessary materials and equipment are available to volunteers on-site at the clinic, it is possible for volunteers to bring their own supplies if CDS is given early notice. The Jamaican government needs a list of all volunteer supplies being brought into the country at least 30 days in advance; preferably earlier. If you are interested in bringing extra supplies, please contact Foundation staff with a precise list of what you intend to bring. Permission to bring your materials is dependent on CDS and the Jamaican government. Supplies must not be expired.

### **Booking Travel**

Travel costs are paid for by the Foundation. Participants will book their travel to and from Montego Bay, Jamaica through the AAE's preferred travel agency, AmTrav. Other incidental travel costs such as transportation to the airport, etc. will be reimbursed to volunteers following their return home and the submission of their receipts.

### **Travel Expenses**

Meals and lodging are provided by CDS. The cost of meals that are not provided by CDS while travelling will be reimbursed by the Foundation. Day trips and group excursions during the week are optional but qualify for reimbursement by the Foundation. Souvenirs are not reimbursed. Cash advances are available with enough notice.

### **Travel Safety**

The Foundation recommends that all volunteers purchase travel insurance with medical evacuation in case of an emergency that requires immediate evacuation from Treasure Beach. The Foundation will reimburse the cost of travel insurance as well as the costs of any vaccines recommended prior to travel. Insurance and vaccines are not required for participation.

- [travel insurance](#)
- [vaccines](#)

### **Trip Preparation Checklists**

#### **Pre-travel Checklist:**

Preparing for the trip is important. We want volunteers to be well-prepared for the registration process, packing, expectations, and familiarity of the demographics and culture. To prepare volunteers for their time in Treasure Beach, Jamaica, we've put together a Know-Before-You-Go checklist and some helpful resources that will answer questions about the culture and socioeconomic standards in Jamaica. We encourage volunteers to take time prior to their trip to investigate the topics listed below:

- ❑ [Jamaica International Travel Information](#)
  - Safety and Security
  - Travel advisories
  - Entry, exit, and Visa Requirements
  - Health regulations
  - Embassy and consulate information
  - U.S. relations with Jamaica
  - Climate and environmental concerns
  - Population statistics
  - Religious prevalence

- Birth and mortality rates
- Health issues affecting the population's communicable diseases
- Legal system structure, legal offenses that may be very different from those in the U.S.
- Economy, energy sources and disparities
- Transnational issues including human and drug trafficking
- ❑ [Travel Insurance](#)
  - Get a quote and evaluate different options for travel insurance
  - Read about the benefits of purchasing travel insurance with medical evacuation
- ❑ [Recommended Vaccines](#)
  - read about vaccines that are recommended for travel to Jamaica
  - Learn tips to stay healthy and safe from diseases in Jamaica
- ❑ Refer to the Registration section in this guidebook to review what materials to have on-hand before you begin the registration process.

### **Packing List:**

We ask that you limit your personal belongings to one carry-on bag. The following packing list includes suggested items as a guide.

### **Paperwork**

- ❑ Current passport and a photocopy, should yours get lost or stolen
- ❑ Airplane tickets and itinerary
- ❑ Travel insurance documents
- ❑ Emergency contact numbers
- ❑ Health information card (if you'd like to bring this, you can simply type up this information to have with you when you travel): record of immunizations, medical insurance documents, physician's information, list of allergies, blood type, current medication list

### **Personal items**

- ❑ Any medication you take
- ❑ Journal and pen
- ❑ Headphones
- ❑ Travel pillow
- ❑ Book
- ❑ Charger for any electronics

### **Toiletries (travel size if possible)**

- ❑ Shampoo/Conditioner
- ❑ Soap
- ❑ Toothbrush, toothpaste, floss
- ❑ Deodorant



- ☐ Razors/shaving cream
- ☐ Tampons/pads
- ☐ Lotion, lip balm with SPF, sunscreen
- ☐ Glasses, contacts, contact case and solution

#### Clothing

- ☐ Pajamas
- ☐ 1-2 pairs shorts
- ☐ 3 T-Shirts
- ☐ Swim suit
- ☐ Water shoes/close-toed sandals might be appreciated on the day trips and excursions
- ☐ Gym shoes
- ☐ Sweater if it cools down at night
- ☐ Plastic bag for wet swimsuit
- ☐ Hat/Sunglasses

#### Clinic

- ☐ Loupes
- ☐ As many scrubs as you think appropriate for a sweaty week in Jamaica
- ☐ Bandana or sweatband

## **CHAPTER 2**

### **VOLUNTEER ROLES & RESPONSIBILITIES**

#### **The Role of the Endodontic Team in the Clinic**

*To teach the value of Endodontics to general dentistry students, educate the community about saving their teeth & provide the highest standard of dental care.*

Until the Foundation sent its first team of volunteers to the Helping Hand Clinic in March of 2016, no root canal therapy had been provided and sadly, many teeth were extracted when they could have been saved by an endodontist. Access to dental care is very limited in Jamaica, even for those who can afford it. Because of low access, the general understanding of dental care and healthy routines is also limited. Education about oral health and hygiene and dental hygiene has always taken place at the Helping Hands Clinic, but now that there is an endodontic presence at the clinic, more and more Jamaicans are coming to the clinic asking to have their teeth saved. The AAE works hard to advocate for the specialty, and through the Access to Care Initiative, the Foundation is advocating and increasing awareness even overseas. We expect all endodontic volunteers to communicate the value of RCT to the patients in Treasure Beach. Many patients and even some general dentistry volunteers will not know the benefits of preserving natural teeth.

#### **Endodontic Volunteers Representing the Foundation for Endodontics**

*To be ambassadors of the specialty and our organizations by educating general dentists, dental students and the communities they serve about the value of endodontic specialists and the care they provide.*

General dentistry students, practitioners, and hygienists volunteer at the Helping Hands Clinic year-round. One of the many benefits of working alongside these volunteers is that our endodontists can share their endo expertise with those who have limited exposure to the specialty. Beyond being introduced to the specialty and the value of endodontics, the general dentistry volunteers are educated on how to assess and recognize when root canal therapy is necessary. Some dental students even get the chance to learn RCT for the first time! In addition to saving teeth for the community members in Treasure Beach, the Access to Care initiative increases awareness and appreciation for our specialty among general dentists. It is our hope that by increasing awareness and the value of the specialty, more general dentists will recognize the importance of referring to an endodontic specialist when RCT is necessary.

#### **Mentor Responsibilities**

It is important to understand the relationship between the residents and mentor. The mentor is there to guide the residents and oversee their work. At times, the other general dentistry students participating in the trip may have opportunities to learn from the endodontic work being performed or consult the endodontists to determine the best care plan for a patient.

The mentor role exists to provide a sense of direction, purpose, and guidance to the group. Since most of the volunteers in the entire clinic are either general dentistry students or endodontic residents, it is beneficial to have a seasoned professional on-site. The mentor role is essential to ensure good group dynamics and facilitate a bond among all the volunteers. Group dynamics should include comfort to speak up with suggestions, concerns, and feedback. A successful leader establishes the team culture and vision and leads by example. S/he takes care of the team and places the needs of others above their own. The mentor should promote a good attitude and embrace unexpected change. The mentor ensures that organization, priority setting, communication, and proactivity minimize unpleasant surprises. An ideal mentor challenges the residents to grow and learn new skills while being encouraging and supportive. Dental education goes beyond the old adage “see one, do one, teach one.” Mentoring seeks to build skills and people. Students acquire knowledge and experience in specific skills and ideals. Learning how to focus and have proper perspective is often learned by observing more mature professionals.

#### Key Responsibilities:

##### Pre-trip Checklist:

- Complete registration process through CDS in a timely fashion;
- Participate on conference call organized by Foundation staff to introduce all volunteers and review responsibilities;
- If necessary, travel with endodontic equipment needed for trip;
  - If this applies, all equipment and materials will be packed and shipped directly to you from Foundation headquarters.

##### Responsibilities Onsite:

- Mentor and monitor endodontic residents as they treat patients;
- Advise general dentistry undergraduates in determining when RCT is appropriate/needed;
- Create an organized practicing environment for all three practitioners to be most effective (equipment and tool set up);
- Organize and inventory the endodontic kit throughout the week;
- Allocate designated time to organize, fully inventory and pack up all endodontic equipment in designated Foundation storage at the end of the week;
  - Inventory list and forms are provided to all mentors by Foundation staff.

##### Post-trip Checklist:

- Share inventory report with Foundation Development Coordinator for planning and re-order;
- Complete the follow-up survey to help the Foundation continue to improve and grow its access to care initiative.

#### **Resident Responsibilities**

### Key Responsibilities:

#### Pre-trip checklist:

- Obtain participation approval from program director;
- Complete registration process through CDS by the communicated deadline;
- Participate on conference call organized by Foundation staff to introduce all volunteers and review responsibilities;

#### Responsibilities onsite:

- Assist mentor in creating an organized work station for patient treatment (equipment and supplies set up);
- Assist mentor in organizing supplies for efficient set-up and pack-up each day before and after clinic hours;
- Maintain communication with Foundation staff throughout the week; providing photos, updates, resonating stories, etc. that can be shared in real-time on the Foundations media platforms;
- Assist with organizing, fully inventorying and packing up all endodontic equipment in designated Foundation storage at the end of the week;

#### Post-trip Checklist:

- Complete the follow-up survey to help the Foundation improve the process for future trips.
- Share your experience with fellow residents, mentors, friends, and family.
- Encourage first-year residents to apply for REACH so that they may also participate in Foundation outreach trips.

## **CHAPTER 3**

### **WHAT TO EXPECT**

#### **Trip Schedule Outline**

##### **Saturday, Arrival Day:**

On Saturday, you will fly into the Montego Bay airport. Once you are off the plane, you can walk past the line for Customs to the Front Desk and tell them you are on the Dental Mission Trip. The airport staff are familiar with these dental service trips so they typically escort volunteers to a special line with only a few minutes of waiting.

You'll be directed to fill out a customs form with the name of your accommodations and a contact phone number. For accommodations, put Nuestra Casa.

**If you need to put down emergency contacts, you can use any of the following cell phone numbers:**

**Bill Griffin's Cell Phone: 757-869-1731**

**Jim Carney's Jamaica Cell Phone: 876-485-4883**

**Pastor Gloria Rowe: 425-6156 or 588-1888**

Then walk through to collect your bags. Be sure to keep an eye on all the bags lined up next to the carousel as the workers will come through and remove bags so there is room to send more out. After you're done with customs, head to the Avis Desk and tell them you are with the Dental Mission Trip. There will likely be a serviceperson who will lead you to the parking lot where other dental volunteers will be loading bags in a van.

The drive to Treasure Beach is about two and a half hours. It's a single-lane road for the most part that is bumpy and windy. The passenger vans can hold 15 people and the farther back you sit, the bumpier it will be.

Once you arrive at the lodging accommodations, you will have a light dinner that typically consists of bread with some different types of coleslaw/meat toppings.

##### **Sunday:**

On Sunday, you will have the option to go on a group excursion to Y.S. Falls where you can swim, climb, and zipline. The cost for admission to Y.S. Falls is \$10 US dollars and the cost for zip-lining is \$20 US dollars. The money is usually collected ahead of time so you should bring US dollar cash for that.

It's about an hour drive to Y.S. Falls. There is a pool you can swim in, gift shop, a small café, bathrooms and changing rooms. We suggest bringing trail mix and waters, lunch for this excursion is not provided.

After the excursion, you will stop at the dental clinic to set up for the next morning. The clinic doubles as a church/community center. On Sunday, you will likely need to move the pews and switch the church set-up into the clinic set up. After the pews are moved and chairs are put out, everyone will set out their supplies for the week.

Sunday concludes with dinner. All meals are held family-style at a table. The cooks are local ladies who can accommodate some dietary restrictions if you let them know. After dinner, there is usually a Doctor's meeting that evening after clinic details were reviewed with the group.

### **Monday through Thursday, Clinic Days:**

**8:30 a.m.:** Breakfast is served. For breakfast, you can expect things like eggs, bacon, pancakes, french toast, fruits, juice

**9 a.m.:** Devotions. This is a time when the group sets intentions for the day. This will have a religious overtone, but it is inclusive of all faiths and beliefs.

**9:30 a.m.:** Drive to clinic.

**10 a.m.:** Clinic set-up. Set-up may be different day-to-day depending on if the space was used the evening prior for any church services or community activities.

**10:20 a.m.:** Greet the patients outside. Patients line up to be seen.

**10:30 a.m.:** Clinic opens and patients are seen.

**Noon:** Lunch is served at the clinic. You can expect Peanut Butter and Jelly sandwiches or Jamaican patties (like a tortilla-filled empanada) – with dried fruit, trail mix, and drinks. It's a light and fast lunch during clinic.

**12:30 p.m.:** Patient treatments resume

**4 – 6 p.m.:** Clinic ends when all the patients are seen depending on number of patients, procedures, and speed. On some days after patients have been seen, it may be necessary to set up the pews again. While this is going on, you will need to help in that effort but also put away the endo supplies for the day with the anticipation of getting them all back out for patients the next day. We're told there is little time for all of this, so I want to give you the advice to work together quickly to organize your endo supplies for the next day's clinic work. At the end of the day on Friday, leave the supply boxes organized for the next team.

Upon returning to lodging, you'll have dinner. For dinner, you can expect things like salad, rice, beans, meats

### **Friday, Day Trip:**

Breakfast will again be at 8:30am. Devotions might be more discussion-based on Friday as everyone reflects on the week.

The optional day trip excursion to Black River costs \$40 US cash and will be collected before leaving. If you'd prefer not to go on the trip, you can hang out by the pool near one of the lodging sites.

On the day trip, you will take the boats out in the ocean and head to Black River where you can slow down to look for wildlife. Further down the river you will stop to eat a packed lunch. Past participants say there was a hut built over the water (pictured next page) that had Red Stripes and other local beers for sale. They also say there was a big tree with a rope swing to try out if you like!

You will then head back down the river and into the ocean again to make your way to Pelican Bar. At Pelican Bar, you can eat fish caught off the bar, scaled, fried and served within minutes!

### **Saturday, Departure Day:**

Depending on what time the earliest volunteer group needs to leave will determine what time everyone else needs to be up and ready. It is suggested for your flight to be around 1pm. Breakfast will be served and then you will all load up a van for the 2.5-hour drive to the airport. The airport has quite a few souvenir shops past security to check out if you are looking for things.

## **Housing**

### Blue House (main house)

This is where all the meals are. There are also two air-conditioned bedrooms upstairs. Each bedroom has a queen bed and there are air mattresses for other sleepers. There are two sleepers to a regular bed, one to an air mattress. There are two full bathrooms. The shuttle van picks up and drops off from this location and the yellow house.

### Yellow House

Same set-up as the Blue house. The main pool is right behind this house.

### Third House

This house is a walk either down the street or down the beach from the Blue house. It has a few bedrooms. Not all the bedrooms have air conditioning.

### Treehouse

This house is a walk either down the street or down the beach from the Blue/main house. The house overhangs the coast, has air conditioning, and has its own small pool.

\*See appendix for photos of the housing.

## **Clinic**

Helping Hands Clinic is generously hosted in a church. The Endodontic team sets up in the sanctuary of the church. Time for set up is limited and all volunteers are asked to be respectful of the hours made available for set up and break down of the work stations. All pews must be taken out to make room for the mobile chairs and units. There is a table and pews available to utilize for an organized work station.

Bathrooms with running water are available onsite. There is no air-conditioning in the clinic.

There are fans, but volunteers should be prepared for a hot and humid environment.

Clinic hours end once all patients are seen; usually around 4-6pm depending on numbers, procedures, and speed.

STERILIZATION: Heat sterilization is used for most things; all others are sterilized with Clorox wipes. Liquids in the suction jars are disposed of in the running toilets in the clinic.

\*See appendix for photos of the clinic.

## **Endodontic Kit**

### Equipment & Supplies

Helping Hands Clinic is fully stocked with general dentistry supplies year-round (needles, gauze, gloves, masks, suction tips, air/water tips, anesthetic, etc.). Thanks to the generosity of the Foundation for Endodontics' corporate donors, the clinic is also equipped with a microscope and a full kit of the endodontic supplies needed for Foundation volunteers to provide the highest level of specialized care possible. The Foundation for Endodontics staff and Special Committee on Outreach manage the cultivation of the full endodontic kit.

\*See appendix for a sample list of the supplies available onsite.

Before each trip, volunteers are sent an extensive list of the most current inventory of supplies.

### Maintenance

The mentor assigned to each trip will be responsible for supervising the maintenance and organization of the endodontic kit onsite. All volunteers are responsible for maintaining the organization of the kit. Detailed instructions for endodontic kit maintenance will be provided to each mentor prior to their assigned trip.

### Inventory

The mentor assigned to each trip will be responsible for managing the inventory process that is to occur at the end of the last day in the clinic. All volunteers are expected to participate in the inventory process. An inventory sheet and supply order form will be provided to the mentor prior to each trip.

\*See appendix for a sample inventory list and supply order form.



## **CHAPTER 4**

### **POST-TRIP**

#### **Sharing Your Experience with Others**

After returning from a trip, we ask that all volunteers take some time to reflect on their experience and encourages them to share their stories with others. The Foundation recognizes participation in the International Outreach Program as an opportunity for volunteers to share compelling, first-hand accounts of the impact endodontic treatment has on raising the standard and quality of care for patients.

Through sharing their experiences with colleagues and their local community, volunteers will also help to increase awareness of the Foundation for Endodontics and its mission. While the Foundation for Endodontics' donors give for a multitude of reasons, such as supporting endodontic education and research, they have shown deep interest in supporting the Foundation's efforts to bring endodontic care to communities with limited or no access to basic dental care.

#### **Sharing Photos with Foundation Staff**

Volunteers are encouraged to document their trip in photos or short video clips, with respect to the patients and the church/clinic. The expectation is that volunteers share some of their photos/videos with Foundation staff, along with accompanying anecdotes and/or patient stories/testimonials to be used in social media posts (in real time) and to be included in future marketing materials for the program\*. This content keeps Foundation donors informed about the program and the impact their dollars are making.

Tips for taking quality photos:

- Make sure the picture is clear, bright, colorful.
- Feature an endodontist and a patient, or a patient and the friend or family member who accompanied them to the clinic, or feature the patient being treated in the clinic.
- Document pre & post- treatment.
- Capture the endo team in the clinic, enjoying downtime in Treasure Beach, spending time with the clinic's other volunteers, etc.

Examples of compelling first-hand experiences to document:

- Details about the patient pre and post-treatment; including their demeanor, feelings about their smile, feelings about the treatment itself (many patients in Jamaica are reported to be quiet and nervous before treatment, and often not smiling. After treatment, many volunteers report that patients leave happier, more confident, and very grateful for the treatment received).
- Patients who have gone to great lengths to travel to the clinic to receive endodontic care.

- Tricky or unique cases (i.e. a Foundation volunteer performed their first apicoectomy in the Helping Hand Clinic. It also happened to be the very first apicoectomy ever performed in the clinic's history!)

\*It is the expectation of the Foundation for Endodontics that all its volunteers remain respectful of the privacy and wishes of the patients in the Helping Hands Clinic and the members of the community in Treasure Beach, Jamaica. All photos and stories that are documented throughout a volunteer's trip should only be done so with the permission of the persons included.

## APPENDIX

### Important Website Links

- [Christian Dental Society](#)
- [Dr. Jim Carney](#)
- [Travel insurance](#)
- [Vaccines](#)
- [Jamaica International Travel Information](#)

### Photos

#### Housing



#### Clinic







Work Stations



## Forms

### Sample List of Supplies/Inventory List

ITEM
Blue Syringes
Calcium Hydroxide
Canal Clean
EDTA
Endosequence Lubricant
Irrigating Needle Tips
RC Prep
Red Syringes
C-Files
Endo Rings
Flexofiles (variety)
K-Files (variety)
Mini file holder
OK (variety)
Protaper (variety)
Protaper Gold (variety)
Rotary (variety)
Sponges
Apex Locator
Apex Locator Hooks
Cordless Endo Rotary Motor
EndoSync Oil
Obtura
Obtura Caps
Obtura Cleaning Solution
System B
Build-up Tips
Composite Gun
Core Material Syringe
Articaine
Carpule Syringe
Lidocaine
Lidocaine and Epinephrine
Misc. Burs
Topical Anesthetic Gel
Rubber Dam

Rubber Dam Clamps
Rubber Dam Forceps
Rubber Dam Frames
Rubber dam Punch
Rubber Dam Stabilizing Cord
Bite Blocks
Blue Dye
Carbon Stell Surgical Blades - Various Sizes
Disposable Mirrors
Endo Condensors
Epidri Pellets
Explorers
Map System
Micro Brushes
Probes
Suction Tips - Various Types
Temporary Filling Material
Buchanan Plugger
Gutta Percha (variety)
ISO Assorted Gutta Percha/ Paper Point Wheels
Mittex Plugger
Obtura Gutta Percha Pellets
Obtura Tips
Paper Points (various sizes)
Paper Points FM
Paper Points Small Pack (various sizes)
Plunger Seal
Sealer
Sterile Cotton Pellets #4
Wrenches
Endo Ice

## Sample Supply Order Form

### Endo Kit Items Needed for Re-order

Quantity	Item
1	EX Prop Mouth Propo White
2	Mixing Pad 1.5 in x 2.6 in Ea
1	Grey MTA Plus Cement Filling Material 2.6 Gm Ea
6	Ready Steel C+ Hand File Size 06 21 mm Stainless Steel 6/Pk
6	Ready Steel C+ Hand File Size 08 21 mm Stainless Steel 6/Pk
3	NTI Gates Glidden Drill 28 mm Size Assorted Right Angle 6/PK
2	NeoBurr Carbide Bur Right Angle Surgical Length 4 25/Pk
3	CaviWipes Disinfectant Towelette X-Large 65/Cn
4	K-Flex File Size 15 30 mm Stainless Steel White 6/Bx
16	Maxima K-File Size 10 25 mm Stainless Steel Purple 6/Bx
12	Zipperer K-File Size 8 25 mm SS Grey Non Sterile 6/Bx
12	Zipperer K-File Size 15 25 mm SS Grey Non Sterile 6/Bx
12	Zipperer K-File Size 20 25 mm SS Grey Non Sterile 6/Bx
1	HSI Organizer Endo Complete Kit Ea
2	Original Endoring Ring Only Blue Ea
2	RC-Prep Cleanser Urea Peroxide and EDTA 3 cc Syringe Kit Ea
2	EDTA Cleanser 17% Aqueous EDTA Solution 30mL Syrunge Ea
3	Hygenic Flexi Dam Latex-Free Rubber Dam 6"x6" Medium Gauge 30/Bx
2	Rubber Dam Clamp Kit Nonreflective Matte Finish 11/Bx Ea
2	Sealapex Endo Root Canal Sealer Standard Package Ea
2	Hygenic Endo Ice Pulp Vitality Test 6oz Can Ea
2	CanalPro Irgtn Srng LL 10mL Rd w/ 10 cc Grdtd Incrmnts 50/Bx
2	CanalPro Irgtn Srng LL 10mL BI w/ 10 cc Grdtd Incrmnts 50/Bx
1	Appli-ac Bndbl Sd Irrigating Needle Tips 30 Gauge 100/Pk
1	HSI Filling Material Syringe 2 Gm Ea
10	SX Rotary Files
4	Rotary Files 25mm F1
4	Rotary Files 25mm F2
4	Rotary Files 25mm F3
4	Rotary Files 25mm F4