The majority of people might be underestimating just how important teeth are in so many aspects of life – and, most notably, when it comes to our overall health.

77% indicate they are committed to doing everything they can to preserve their natural teeth. Of adults in the U.S. admit they do not see a dentist once every 6 months.

Over half

46% say you should put your tooth on ice and contact your dentist if you get your tooth knocked out and over 1 in 4 (28%) say you should go to the emergency room.

Only 9% of respondents knew the proper first step, which is to try putting the tooth back into place, and 23% identified the next best thing, which is to store it in milk. In any case, bring the tooth to an endodontist or dentist as soon as possible!

Half (50%) say they have been diagnosed with a dental issue that required a root canal.

31% say tooth pain or oral health issues negatively affect their love life.

43% say tooth pain or oral health issues negatively affect their confidence.

74% cite at least one oral health-related routine (remembering to schedule routine dental exams, regular flossing, or brushing twice daily) as a significant part of their overall health and well-being routine.

Of those who say that their New Year’s resolution relates to oral health...

58% report they have made a New Year resolution to prioritize oral health.

37% say they will schedule routine dental appointments.

42% say they will cut back on candy/sweets.

21% say they will cut back on coffee or tea consumption.

77% of Americans will prioritize oral health in 2023.

Gables Endodontics

Have a toothache? The endodontist will see you now:

Endodontists are the specialists in saving teeth, with two to three years of advanced training. They diagnose and treat tooth pain, according to operating to keeping patients safe amid COVID-19.

Don’t delay. Find an endodontist near you today at findmyendodontist.com

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